



BUF INTRAMURAL VOLLEYBALL

I. THE GAME

- Only 6 players on the floor at any given time: 3 in the front row and 3 in the back row.
- Each will be played to 25 points, with the winner of the match being the winner of 2 sets out of 3. If a third set is needed, it will be played to 15 points.
- The team captain represents the team during the coin toss before the match and before the tie-breaker game.
- The official shall toss a coin (or use fingers behind his/her back) with the captains.
- The winner of the coin toss chooses either:
 - to select to serve or receive service of the first ball or
 - the side of the court on which to start the first game.
 - If a tie-breaker game is needed (third game), the official will flip a coin again to decide the same two choices.
- The team captain is the only player on or off the court who can ask the official for an explanation of the application or interpretation of the rules.
- Playing the ball:
 - Each team may hit the ball up to three hits (not counting blocking) to return the ball to the opponents.
 - Team hits include both intentional and unintentional contacts with the ball.
 - A player may not contact the ball with two separate and consecutive motions.
 - Two or more players may touch the ball at the same moment (counted as one hit).
 - If two opponents simultaneously contact the ball and it remains in play, the team receiving the ball is entitled to another three hits.
- Points are made on every serve for the winning team of the rally.
- In blocking, a blocker may contact the ball beyond the plane of the net inside the antennas (or poles if antennas are not used), provided the blocker does not interfere with the opponent's play.
- A player making an attack-hit can pass hand(s) beyond the net after the attack, provided the ball is contacted within his/her own playing space or within the net's plane.



- Players may not hit the ball twice in succession (a block is not considered a hit).
- Ball may be played off the net during a volley and on a serve.
- A ball hitting a boundary line is in.
- A ball is out if it hits an antenna, the floor (completely outside the court lines), any of the net or cables outside the antennae, the referee stand or pole, or the ceiling above a non-playable area.
- It is legal to contact the ball with any part of a player's body (except for when you make forceable contact with the ball by means of the legs). i.e., kicking
- It is illegal to catch, hold or throw the ball.
- A player cannot block or attack a serve from on or inside the 10-foot line.

II. RULE VIOLATIONS

Violations results in a point for the opponent:

- Stepping on or across the service line when serving while contacting the ball.
- Failure to serve the ball over the net successfully.
- Ball-handling errors and contacting the ball illegally (double touching, lifting, carrying, blocking violations, etc.)
 - A "catch" is defined as the ball be caught and/or thrown, not rebounding from a hit, and this is not permitted (includes the traditional lift or carry call)
 - During an attack hit, tipping is permitted only if the ball is cleanly hit, and not caught or thrown.
 - In blocking, the player may place his/her hands and arms beyond the net, provided that this action does not interfere with the opponent's play. Thus, it is not permitted to touch the ball beyond the net before an opponent has executed an attack hit.
- Touching the net with any part of the body while the ball is in play.
- Blocking a ball coming from the opponent's court and contacting the ball when reaching over the net if your opponent has not used 3 contacts AND has a player there to make a play on the ball.
- Attacking a ball coming from the opponent's court and contacting the ball when reaching over the net when the ball has not yet broken the vertical plane of the net.
- Crossing the court centerline with any part of your body, except a hand or foot. It is only considered a violation if the entire hand or entire foot crosses the court centerline.
- Serving out of rotation or out of order.



- Back row player blocking (deflecting a ball coming from the opponent) when, at the moment of contact, the back row player is near the net and has part of their body above the top of the net. This is an illegal block.
- Back row player attacking a ball inside the front zone (the area inside the 3M/10-foot line) when, at the moment of contact, the ball is completely above the net. This is an illegal attack.

III. ADMINISTRATION

- A. Each team member should wear appropriate shirt color (light or dark) for each game.
- B. All players must abide by BUF dress code to play.
- C. The referee will check the score sheets at the end of the game, sign one, and turn it into the Wellness Center office.
- D. The Referee:
 - The referee shall conduct the game in accordance with the official rules. The referee shall penalize any player or substitute for unsportsmanlike conduct by immediate ejection and removal from the playing area. The referee shall have power to make decisions on any point not specifically covered in the rules.